

MENOPAUSE SYMPTOM SCORE (Modified Green Scale)

	Score before MHT	3 months after starting MHT	6 months after starting MHT
Hot flushes			
Light headed feelings			
Headaches			
Irritability			
Depression			
Unloved feelings			
Anxiety			
Mood changes			
Sleeplessness			
Unusual tiredness			
Backache			
Joint Pains			
Muscle Pains			
New facial hair			
Dry skin			
Crawling feelings under the skin			
Less sexual feelings			
Dry Vagina			
Uncomfortable intercourse			
Urinary frequency			
Brain fog			
Weight changes			
TOTAL			

SEVERITY OF PROBLEM IS SCORED AS FOLLOWS

SCORE: None = 0; Mild = 1; Moderate = 2; Severe = 3